



**May 2024**

Dear Friends,

It is hard to believe the Jan-April semester is already over and the May-Aug semester has just begun. Times flies by when you are busy. Last semester we both had full teaching loads and worked with a variety of students. Near the end of the semester, the Reformed Fellowship led chapel for the entire University, including communion, which was a nice opportunity to serve the St. Paul's community.

Every week, the School of Theology has a fellowship time which Rowland coordinates with student leaders. The opening service for this semester was a time of worship and prayer together. Our theme for this year is "Preserving Mother Earth as God's Commission," calling us all to faithful stewardship of creation. With the recent flooding, that message is hitting home here.

Jane, together with the School of Social Sciences, recently took part in a Mental Health Walk in Nakuru. The walk was part of a whole week of mental health awareness training, enhancing psychological support for others. It was a great opportunity for students and staff from all three of our campuses (Nairobi, Limuru, and Nakuru) to meet and encourage one another.

Our Tuesday Bible Study studied the book of Esther last semester. This semester we are studying the Leadership of David, reading parts of I & II Samuel. The students just had campaigns and election of new leaders so this message is a timely one: What does God desire in and from our leaders today?

On Thursdays, Jane leads a women's spiritual formation group and they just finished looking at the parables of Jesus, which is also what Rowland's preaching students will be working on this semester. Joel Schoon Tanis is coming to help with an artistic interpretation of some of the parables. Should be fun!



SPULSA Leaders

*Would you like to receive these updates digitally? Please email Kelli at [kjilmore@rca.org](mailto:kjilmore@rca.org) to be added to the email list. You will receive more timely updates from the missionary you support and help us be good stewards of our resources.*



As you think of Kenya and our work here at St Paul's University, please pray for the following:

- Pray for victims of flooding in Kenya. More than 250 have died and 280,000 people have been displaced. May they get the help and relief they need.
- Pray for a growing awareness of mental health issues. May those who struggle know there is help available for them.
- Pray for newly elected student leaders. May all that they do be inspired by the leading of the Holy Spirit.
- Pray for St Paul's faculty members who lead worship and Bible Study, nurturing the spiritual growth of our students. May the seeds planted by this bear much fruit.

Thank you for your continued prayers and support.

Jane and Rowland Van Es